

Email Newsletter - Making Sure That We Bring Our Members the Best Care Possible

Physical Therapy Connections / Sports Performance & Rehab

Specializing in rapid relief from pain, injury and weakness.

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Thank you to all of our members!



Thank you to all of our awesome members.

We can't say it enough; WE APPRECIATE ALL OF YOU!

Don't be fooled by our faces in the picture above. Sam squared is enjoying the best homemade jerky in Colorado from one of our members. 🍌

You all brighten our days and always remind us how lucky we are to be surrounded by such caring people.

Want to know why we love working at PT-Connections so much? [Click here](#) to see some of our patient testimonials.

THANK YOU!

Wellness and Injury Prevention

Learn the lifelong tools to have better balance! Make new friends and live long, and healthy.

Monday, Wednesday and Friday at 11:00am.

First visit is FREE for current patients!



Samantha Goeke
Physical Therapy Connections,
P.C.
[Email-us](#)
719-565-6678
[Our Website](#)

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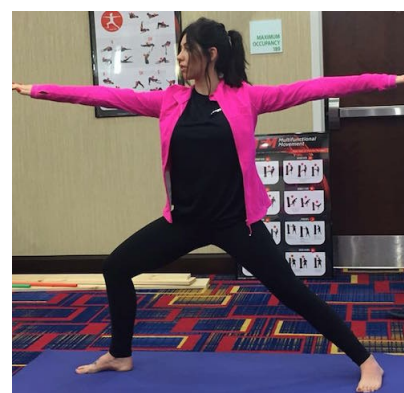
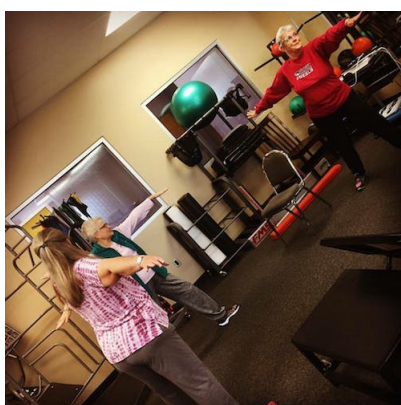
PT Connections Social Media

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October 30, 2017

This newsletter contains information on how we are staying up to date on the best treatment programs for our members. Events in October and November will also be covered. Don't forget to visit and follow us on [Facebook](#), [Instagram](#), [Twitter](#), [Pinterest](#), and [YouTube](#)!

Physical Therapy for a Lifetime of Activity



One reason that PT-Connections is different from other clinics is because we educate our staff on the latest advances in treatment programs. We are now a certified Multi-Functional Movement Clinic. Now more than ever, you will receive a treatment program that will not only get you better faster, but will also be fun in the process.

We have heard too many times from our members that when they went to a generic PT clinic they didn't get better, it was boring, the therapist didn't listen to them, they were left alone or that their symptoms got worse. We pride ourselves on putting your needs first! This includes making sure that you have the BEST program that is based on your individual needs.

We recently travelled to Texas to attend a conference on Multi-Functional Movement. Here we learned how incorporating more advanced movements can improve your function, coordination, agility and athleticism. Getting rid of your pain is not the end of what we consider a full treatment program. We want to see you EXCEL in life and get back to doing the things you love.

Most PT clinics consider pain relief as an achievement, but we strive to go further and push our members to be the best that they can be in all aspects. Injury prevention is critical in being able to live a happy life, so make sure that you are taking the necessary steps to living up to your potential!

Upcoming Events

Workshop for Knee Pain

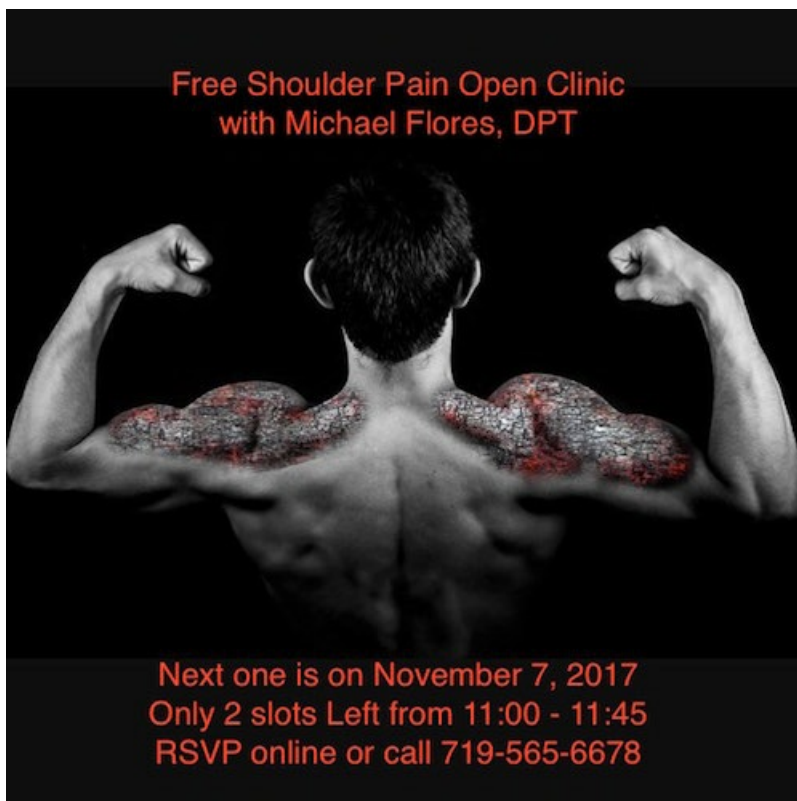
Monday November 6, 2017
from 5:00 pm—6:00 pm
At Physical Therapy Connections
With Chad Clark, MSPT



If you or someone you know is experiencing pain in their knees, come to Chad's FREE Workshop. Chad will show you simple tips that you can use at home to get rid of pain fast!

Be sure to RSVP with a friend for Chad Clark's FREE Workshop on Knee Pain! We want to help as many people as we can, so feel free to send this invite to a friend or family member.

[RSVP HERE for the Knee Pain Workshop](#)



[RSVP Here for the Shoulder Pain Open Clinic](#)



[RSVP Here](#) for our Free Workshop on Back Pain in December!

We want to thank those who came out to Max Madrid's Golf Pain Workshop. It was a beautiful day and our guests enjoyed learning how to prevent their stiffness and pain that they experience while golfing. If you were not able to attend, [CLICK HERE](#) to see what you missed!



Massage Therapy



Michael Coffee, LMT presented at the 33rd Annual National Association of Myofascial Trigger Point Conference in Chicago on October 25-29. Here he taught different medical massage manipulations that he has been practicing that have showed to decrease pain. Congratulations Michael! We are excited that you are getting to share your knowledge with the world!

Halloween



The final votes came in and you let us know that you want to see us dressed up as.....Drum roll.....
MINIONS!!



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Physical Therapy Connections, P.C. 58 Glenroyal Pueblo CO 81005 Phone: 719-565-6678

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