

## MENTAL HEALTH

Mental  
health  
affects

us  
all,

in

every  
aspect

of

our

lives:

our

relationships

with

the

people

around

us,

how

we  
work,  
where  
we  
live,  
and  
even  
our  
basic  
human  
rights.  
Mental  
health-  
friendly  
policies  
across  
all  
sectors,  
therefore,  
have  
a  
key  
role  
in  
the  
well-  
being  
of  
millions  
of  
Europeans.  
That  
is  
why  
Mental  
Health  
Europe  
calls  
on  
all  
policy  
makers  
in  
Europe  
to  
recognise  
that  
mental  
health  
matters

and  
bring  
it  
at  
the  
heart  
of  
European  
policies.

## **Achieving better mental health for all in Europe**

What  
we  
need  
is  
a  
long-  
term  
commitment  
from  
European  
leaders  
to  
build  
a  
society  
which  
does  
not  
stigmatise  
people  
living  
with  
mental  
ill  
health,  
supports  
the  
promotion  
of  
good

mental  
health,  
and  
provides  
services  
for  
people  
of  
all  
ages.

Although  
health  
is  
not  
an  
EU  
competence,  
there  
are  
many  
existing  
European  
and  
international  
initiatives  
that  
represent  
invaluable  
opportunities  
to  
improve  
mental  
health  
policy  
in  
Europe.  
These  
include;  
the  
European  
Pillar  
of  
Social  
Rights,  
the  
UN  
Convention  
on  
the

Rights  
of  
Persons  
with  
Disabilities,  
the  
EU  
Charter  
of  
Fundamental  
Rights,  
the  
UN  
Sustainable  
Development  
Goals,  
and  
the  
European  
Disability  
Strategy.

Therefore,  
the  
upcoming  
European  
Parliament  
should:

**1.**  
**Bring**  
**mental**  
**health**  
**at**  
**the**  
**heart**  
**of**  
**EU**  
**policy**  
**making**

- Include  
mental  
health  
in  
all  
relevant  
policies,  
such  
as  
employment,

migration,  
social  
affairs.

- Address  
inequalities,  
education,  
early  
childhood  
development,  
housing,  
violence  
and  
poverty  
as  
determinants  
of  
mental  
health.

- Set  
up  
a  
European  
wellbeing  
indicator  
in  
European  
budgeting.

2.

**Support  
human  
rights  
compliant  
EU  
policies**

- Ensure  
the  
implementation  
of  
the  
UN  
Convention  
on  
the  
Rights  
of  
Persons  
with  
Disabilities  
by

the

EU.

- Encourage the autonomy of persons with psychosocial disabilities and mental health problems through EU policies.

### 3.

**Raise awareness on mental health and tackling stigma**

- Launch an EU wide campaign to raise awareness on mental health stigma and the rights of persons with psychosocial disabilities as suggested by

the  
CRPD  
Committee  
in  
collaboration  
with  
civil  
society  
organisations.

- Foster  
dialogue  
and  
encourage  
the  
sharing  
of  
good  
practices  
on  
effective  
intervention  
strategies  
for  
the  
promotion  
of  
mental  
health  
and  
prevention  
of  
mental  
health  
problems,  
treatment,  
care  
and  
recovery.

–

Action  
on  
mental  
health  
requires  
an  
integrated  
approach,  
across  
sectors



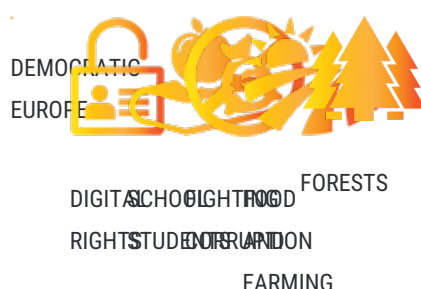
and  
countries.  
Please  
download  
MHE's  
**manifesto**  
which  
lays  
out  
recommendations  
for  
a  
wide  
range  
of  
stakeholders  
including  
MEPs  
and  
MEP  
candidates;  
policy-  
makers  
in  
the  
European  
Commission,  
European  
Council  
and  
Member  
States;  
and  
civil  
society  
actors  
like  
mental  
health  
services,  
users  
organisations,  
medical  
associations,  
research  
institutions,  
employers  
and  
the  
general

public.

Please  
also  
watch  
our  
short  
**video**  
on  
the  
issue.

# Political Parties On Issues

# ISSUES



#onourwatcheu

HOME  
ABOUT  
ISSUES  
VOTE  
COMPARATOR  
RESOURCES  
POLITICAL  
PARTIES

The  
On  
Our  
Watch  
project  
brings  
together  
Civil  
Society  
Organisations  
working  
on  
all  
kind  
of  
topics.  
As  
representatives  
of  
and  
in  
direct  
contact  
with  
citizens,  
organisations  
have  
a  
strong  
role  
to  
play  
in  
holding  
the  
European  
Parliament  
accountable  
to  
the

public.  
By  
joining  
forces  
in  
the  
context  
of  
the  
#EUElections2019

(23-  
26  
May),  
On  
Our  
Watch  
offers  
a  
comprehensive  
overview  
of  
the  
key  
issues  
that  
European  
citizens  
care  
about.

Want

to  
join?

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