

# Helping people with learning disabilities to use technology: Guides for supporters

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As part of a Knowledge Transfer Project funded by the Open University, Digital Unite have collaborated with [Professor Jane Seale](#) to create a set of five short, practical guides aimed at helping supporters or Digital Champions to get people with learning disabilities to understand whether they would like to use technology, advocate their technology needs and choose the right technology for them. The guides are complemented by two session plans, that contain two suggested activities to get people with learning disabilities thinking about technology and how they could use it.

The information in the guides and suggested links and activities have been informed from Jane's [Toolkit for supporting people with learning disabilities to use technology \(2021\)](#).



## The guides

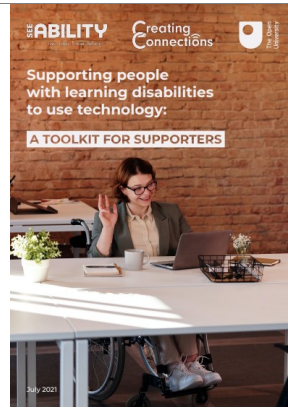
These short, printable guides can be used as a set, or individually, depending on the person you are helping existing interest and knowledge in technology. All of the guides are freely available to read, download and share!

<ul style="list-style-type: none"><li>• <b>Offering personalised support to someone with a learning disability</b></li></ul>	<a href="#">View guide</a>
<ul style="list-style-type: none"><li>• <b>Understanding some common problems that people with learning disabilities experience using technology</b></li></ul>	<a href="#">View guide</a>
<ul style="list-style-type: none"><li>• <b>Helping a person with a learning disability decide if they want to use technology</b></li></ul>	<a href="#">View guide</a>
<ul style="list-style-type: none"><li>• <b>Helping a person with learning disabilities share their technology needs with others</b></li></ul>	<a href="#">View guide</a>
<ul style="list-style-type: none"><li>• <b>Helping a person with a learning disability choose the right technology</b></li></ul>	<a href="#">View guide</a>
<ul style="list-style-type: none"><li>• <b>Session plan: The Good Things and Bad Things About Technology</b></li></ul>	<a href="#">View session plan</a>
<ul style="list-style-type: none"><li>• <b>Session plan: What could I use technology for?</b></li></ul>	<a href="#">View session plan</a>

For more detailed information and activities, take a look at Jane Seale's Toolkits for supporters and people with learning disabilities:



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Digital Unite has a series of Easy Read technology guides that can be viewed [here](#).



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