



## Join Aspire and help people with learning disabilities build essential skills

### Free online training for your staff, carers and volunteers

Skills such as communication, digital literacy and employability are essential to help adults with learning disabilities thrive in work and life.

And thanks to Covid-19, the importance of building new skills has increased due to rising unemployment, increasing reliance on technology and remote working.

But we know, that when it comes to skills training, people with learning disabilities face many barriers such as low self-belief, taking longer to learn and difficulties with interacting with others. They need one-to-one teaching support tailored just for them. Aspire can help.



### How Aspire can help

Aspire will train your staff, volunteers and carers as mentors, or Champions, as we like to call them. Through our online learning, they'll build their knowledge, confidence and teaching techniques to help adults with learning disabilities find their potential and find their chance to shine.

We've worked with experts, Mencap and Rix, to create flexible, interactive and bite-sized e-learning that you'll get, for free.



As part of Aspire you will:

1. Have access to **a collection of online courses** that show people how to:

- help an adult with learning disabilities build their digital and vocational skills
- improve someone's confidence and address their anxieties
- find the right work or volunteering opportunities for people with learning disabilities

2. Benefit from **a highly accessible teaching resource on using Zoom**, an essential tool in helping people to connect socially and for work.

- Designed by people with learning disabilities, for people with learning disabilities, this is an interactive and easy to follow teaching tool that can be shared with people outside of the Aspire programme.

3. Have the chance to **shape your organisation's own skills needs**. As this is a pilot, you can tell us how Aspire could help your organisation in the future, both for your staff and volunteers and adults with learning disabilities. Plus you and your Champions will be part of the Aspire community, where everyone will share ideas and experiences on helping others.

The image shows two overlapping screenshots. The background screenshot is the DCN Aspire dashboard, featuring a search bar, navigation menu (Dashboard, Learning, Resource Hub, Community, Help, My Account, My Achievements, My Bookmarks, Log Out), and a personalized greeting 'Hello, Ajay!'. It includes a 'Great work on completing your diagnostic' message with a 'Change your answers here' link, and a 'Learning we think you'll love' section with a course titled 'RIX's Good Guide to Zoom' (15mins, completed on 23 September 2020). The foreground screenshot is a Zoom training module titled 'ZOOM training' and 'Gallery View and Speaker View'. It displays a grid of video thumbnails and explains that users can choose between 'Gallery View' (seeing everyone) and 'Speaker View' (seeing the current speaker). It also provides instructions on how to change the view using a 'View' icon in the top right corner.

So, are you in?



[kathy.valdes@digitalunite.com](mailto:kathy.valdes@digitalunite.com)

# Register to participate in Aspire

Name \*

Organisation

Job title

Email address \*

Telephone number

A brief description of how you are currently working with or supporting adults with learning disabilities

We're particularly interested in support you are providing which offers vocational or into-work support for people with learning disabilities.

**Can you nominate at least three people to take part as Aspire Champions? \***

Yes

No

How would these Champions provide skills support to adults with learning disabilities?

Is there anything else you think we should know?

Briefly, how did you hear about this project?

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