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Keeping your children safe online

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Children often seem to know more about computers and the internet than many adults. However, being an expert in technology doesn't necessarily mean having the know-how to handle all the situations they might

encounter online.

Fortunately, there's plenty of advice online for children, young people and parents. There are also special 'parental control' programs that can be used to restrict the types of websites that the young can visit. Even if your children have their own computers, it's best to set them up with standard user accounts. This will prevent them from downloading programs by mistake or inadvertently deleting vital system files. We give instructions on how to create a user account below.



This guide explains how to install the parental controls available in Windows 10.

Follow these step-by-step instructions to make the internet safer for your children

For this guide you will need:

- Internet access.
- At least one 'parent' Microsoft Account.
- Individual Microsoft Accounts for each child using the device.
- Access to your child's email account, or one created for this purpose.
- Administrator privileges on a desktop or tablet running Windows 10.

Step 1: Microsoft Family's parental control system requires Microsoft accounts for at least one parent and one child. If you haven't already done so, you can create a Microsoft account by clicking on <u>this link.</u> Alternatively, they can use their personal email address to set up a new account.

Step 2: Add a **child account** through your Windows settings by searching for this using Cortana. Then, click on accounts.



Step 3: Then, select Family and other users.

÷	Settings
ŵ	Home
Fi	nd a setting
Acc	ounts
RE	Your info
	Email & accounts
S	Sign-in options
Ð	Access work or school
٩.	Family & other users
C	Sync your settings

Step 4: Click on add a family member. You will be given an option to add a child or adult to your Microsoft account.

Microsoft account		1
	Microsoft	
	Add a child or an adult?	
	Enter the email address of the person who you want to add. If they use Windows, Office, Outlook.com, OneDrive, Skype or Xbox, enter the email address they use to sign in.	
	O Add a child	
	O Add an adult	
	Enter their email address	
	Cancel Next	

Enter the email address of their Microsoft account below if you have it. (Remember that you'll need access to their email to confirm they are your child.) If they do not have one you can create an account for them. When you type in their personal email address and select Next this message will appear *"It looks like this isn't a Microsoft account. Try another email address or sign up for a new one".* Click on the link to set up a new account. You will be able to create a new Microsoft account using their email address.

Create a secure password for this account, we have a very handy guide which you can use, view it by <u>clicking on this link</u>.

Step 5: Add in details including country and date of birth.

← petra.	power@digitalunit	e.com		
Add d	letails			
We need a app.	a little more info be	efore yo	ou can use	this
	egion			
Country/r	egien			
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Once you click on Next, Microsoft will send a verification code to the email you have used.

Step 6: You will have to accept the invitation using the link provided. This will get sent to the email you used to register with or the email you created when signing up to a Microsoft account.



Step 7: Go back to your family settings and click on Manage family settings online.

← Settings	- 🗆 X			
命 Home	Family & other users			
Find a setting	Your family			
Accounts	You can allow family members to sign in to this PC. Adults can manage family settings online and see recent activity to help kids stay safe.			
RE Your info	stay sale.			
🖾 Email & accounts	+ Add a family member			
🔍 Sign-in options	Petra.power@digitalunite.com Can sign in Child			
Access work or school				
A _⋆ Family & other users	Change account type Block			
C Sync your settings	Manage family settings online			
	Other users			

From your Microsoft online account you will be able to monitor screen time and block certain mature and inappropriate content.

Block inappropriate websites On	Adult content is blocked SafeSearch is on . Search engines will filter out inappropriate search results. Websites are only blocked on Microsoft Edge and Internet Explorer. If you choose to block inappropriate websites, we'll also block all other commonly used browsers to help keep your child safer. If you want to unblock other browsers, go to Blocked apps & games under Apps , games & media .
Applies to:	Websites are only blocked on Microsoft Edge and Internet Explorer. If you choose to block inappropriate websites, we'll also block all other commonly used browsers to help keep your child safer. If you want to unblock other browsers, go to Blocked apps & games under Apps , games & media .
Only see websites on the allowed list If you have younger children, you can make sure they'll only visit sites you've dec update or a newer version for this to work.	cided are safe. Make sure your kid's machine is running Windows 10 November
Always allow these	Always block these
Enter the URL of a website you want to allow: example.com Allow No websites are currently on the allowed list.	Enter the URL of a website you want to block: example.com Block No websites are currently on the blocked list.

Step 8: By default, no child is allowed to use their Microsoft account to download adult games or movies. With Windows 10 parental controls, you can fine-tune which content is available through the Windows and Xbox stores by specifying an age range for your child's account. (This is set to your child's calendar age by default, but can be adjusted as you think best.)

Only material rated as appropriate for that age range will be available for download.

Apps, games & media 🐱	
lock inappropriate apps and games	
Ve block kids from mature movies and games alrea	σy.
applies to:	
Windows 10 PCs & Mobile	Windows Phone 8
Xbox One	
imit apps, games and media from the S	Store
	rom stores in Windows and Xbox appropriate for:
6 year olds	•
Apps For ages 3 and up	G Movie For all ages For all ages
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Apps For ages 3 and up TV For all ages	For all ages
3+ Apps For ages 3 and up TV For all ages	For all ages Music For all ages Music For all ages
3+ Apps For ages 3 and up TO TV For all ages Blocked apps & games Mozilla Firefox	For all ages Music For all ages Music For all ages Remove
3+ Apps For ages 3 and up TO TV For all ages Blocked apps & games Mozilla Firefox Sogue High-speed Browser	For all ages Music For all ages Music For all ages Remove Remove

Step 9: Windows 10 parental controls allow you to set appropriate access schedules and limit total use for each day of the week.

PC Screen t						
Set the max am	ount of time per PC your child can have each d	ay, or set multiple time slots per day.				
Set limits for w	then my child can use devices					
aily allowance & al	lowed time					
	Daily allowance	12 4	8	12	4	8
		AM		PM		
unday	Unlimited *					
londay	Unlimited •					
uesday	Unlimited *					
ednesday	Unlimited					
nursday	Unlimited *					
iday	Unlimited *					
	Unlimited *					

Other things you can do:

- Talk to your children about the dangers there are online and set up appropriate boundaries. You'll find advice on this on the <u>Get Safe Online</u> website.
- The <u>Think U Know</u> website has games to teach five to seven-year-olds about online safety, plus advice for 11- to 16-year-olds and for parents and teachers.
- Monitor your children's screen time. Although it's a couple of years old, this article from Compare the

<u>Market</u> has some great tips on being in control of screen usage to ensure that digital devices have a positive impact.

Other useful resources:

- Check out these guides on setting up the right settings and parental controls from Internet Matters.
- If you are unsure of a certain site, visit <u>Get it Right from a Genuine Site</u> which lists the legal ways you can download film and music.
- More details on APP fraud can be found here.
- Read this great guide for parents from <u>Safety Detectives</u> with advice on safe video and YouTube streaming for kids.
- Here's an interesting short quiz 'Are you smart online?' from <u>Childnet.com</u> for children. They can either try it by reading the resources that the quiz is based on, or dive straight into it to see how much they know!

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Next steps

Email safety tips

- How to stay safe online
- How to protect yourself from identity theft
- A guide to cyberbullying

How do digital skills change lives?

Find out about Digital Inclusion



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💬 <u>du@digitalunite.com</u>

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Chearning Pool Award





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