

Best ... medical apps



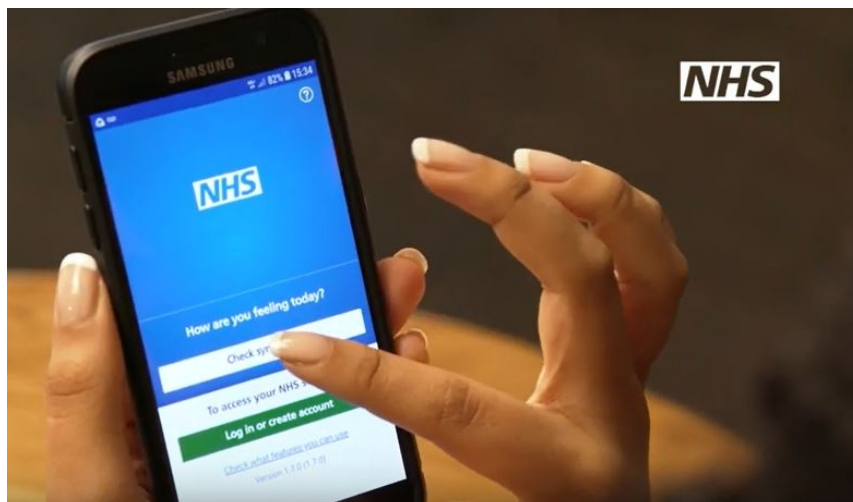
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Although your doctor should always be your first port of call if you have any health concerns, there is a growing number of apps that can help you manage your health. Choosing an app that is reliable and suitable for your needs is often difficult when there are so many available. The best solution to finding the right app, whether you want to improve your fitness or remember to take your medicine regularly, is to get a recommendation from friends, healthcare professionals or reputable sources on the internet.

NHS app

The NHS should always be one of the first points of call if you are looking for reliable health information or services local to you. It is free to download from [Google Play](#) (Android device) or [iTunes](#) (Apple device) and if you are registered with a connected GP surgery in the UK, and if you create an NHS login you will be able to access your personal medical records through the app.

www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/



NHS app library

A searchable library of recommended apps that have been assessed against a series of NHS standards.

www.nhs.uk/apps-library/

NHS Search

Health A-Z Live Well Care and support Health news Services near you

Home

NHS Apps Library

Find apps and online tools to help you manage your health and wellbeing

Search apps

Filter apps

By category

By price

Apply filters

Clear filters

Apps: A-Z. Sort by: [new to old](#)

Baby and Child First Aid
Learn how to help babies or children in a range of emergency situations
Free

Baby Buddy
Find help and advice to give you and your baby the best start in life
Free

How we assess apps
The apps are assessed against a range of NHS standards

[Get involved](#)
Guidance for app developers, commissioners and assessors

Orcha app finder

An extensive library of tested and reviewed apps that can be searched by keywords or health topic.

<https://appfinder.orchac.co.uk/>

ORCHA Home About FAQs Sign Up Login English

YOUR HEALTH APP FINDER

Search by keywords

Enter keyword search Search

Advanced Search

Top rated Diabetes Apps See Apps

Top rated Smoking Apps See Apps

Top rated Sleeping Apps See Apps

Top rated Stress Apps See Apps

Guide last updated: 15/11/2019

Next steps

[Best ... medical websites](#)

[Best ... healthy living and fitness apps](#)

[How to use and download apps in Windows 10](#)

[How to download an iPhone app](#)

[How to create your NHS login](#)

[Introduction to the NHS app](#)
