

## Best ... medical websites



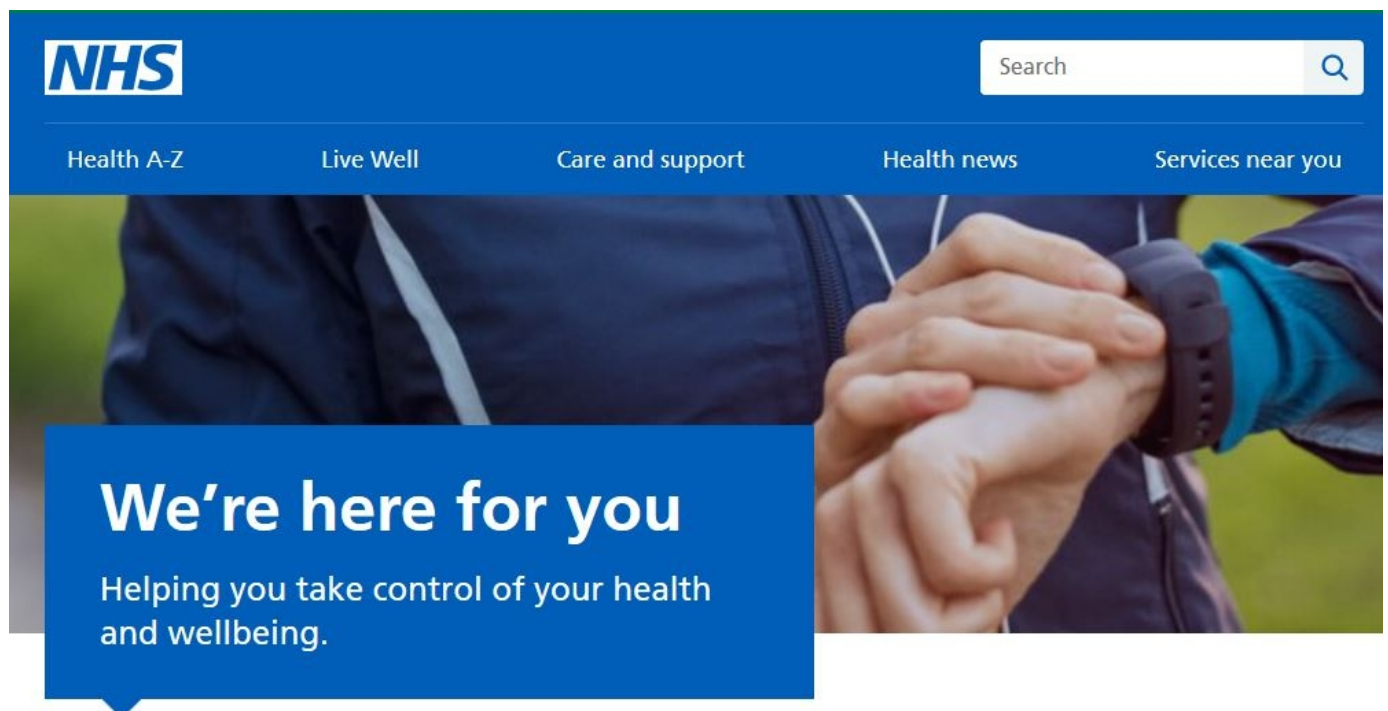
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There is a multitude of UK health and medical resources on the internet, and the best websites can be a handy first port of call when you are trying to find out information about a medical concern, or local healthcare services.

### The NHS

The NHS is the most reliable source of health information and should usually be your first point of call.

[www.nhs.uk](http://www.nhs.uk) – Provides comprehensive information on health (A-Z), how to live well, what care and support is available to the public, topical health and medical news and what services are available in your area.

A screenshot of the NHS website homepage. The top navigation bar is blue with the NHS logo on the left, a search bar in the center, and navigation links for 'Health A-Z', 'Live Well', 'Care and support', 'Health news', and 'Services near you'. Below the navigation bar is a large image of two hands clasped together, with a blue speech bubble overlay on the left containing the text 'We're here for you' and 'Helping you take control of your health and wellbeing.'

**NHS** Search

Health A-Z Live Well Care and support Health news Services near you

**We're here for you**  
Helping you take control of your health and wellbeing.

The former NHS Direct telephone number has recently been updated to 111, and if you cannot speak to your GP surgery or an out of hours GP, it is often recommended that you call NHS 111 to access urgent assistance or arrange for an out of hours GP to visit you.

In addition there are local websites affiliated to your local trust, which provide more detailed information about your local NHS services.

### Here are some very useful NHS quick links:

- [Click here to find out how to find out your NHS number](#)
- [Use the NHS service finder to find dentist services](#)
- [Information about choosing a GP](#)
- [Access GP online services to book appointments, order repeat prescriptions and access GP records](#)
- [Find a pharmacy near you](#)

### Other NHS websites:

- For NHS Wales, [click here.](#)
- For NHS Northern Ireland, [click here.](#)
- For NHS Scotland, [click here.](#)

You can [register to give blood online](#) and you can also [register to be an organ donor.](#)

## WebMD

This is one of the most highly used medical sites in the world, but bear in mind that it is American and not all the services mentioned will be available in the UK ([www.webmd.com](http://www.webmd.com)).



The screenshot shows the WebMD homepage with a light blue background. On the left, there is a section titled "Featured Health Topics" with a grid of articles. Each article includes a small image, a category label, and a title. The articles are: "Healthy Habits to Help You Feel Better" (RHEUMATOID ARTHRITIS), "Symptoms & Treatments" (MULTIPLE SCLEROSIS), "Tips for Success ... Things Every Teen Should Know" (FIT FOR KIDS), "A Visual Guide to Hepatitis C" (HEPATITIS C), and "Types, Symptoms, and Causes" (PSORIASIS). Below these is another article titled "How It Damages the Body" (TYPE 2 DIABETES). On the right side, there is a newsletter sign-up box titled "Want to live a healthy lifestyle?". It includes the text "Subscribe to free WebMD newsletters." and three checkboxes for "WebMD Daily", "Men's Health", and "Women's Health". Below the checkboxes is an input field for "Enter email address" and a blue "Subscribe" button. At the bottom of the sign-up box, there is a small disclaimer: "By clicking Subscribe, I agree to the WebMD Terms & Conditions & Privacy Policy and understand that I may opt out of WebMD subscriptions at any time."

There is a health A-Z plus a symptom checker that is a useful resource for checking any areas of concern. The news and story section is searchable and can help you to keep up-to-date with the latest health research.

### Social media accounts:

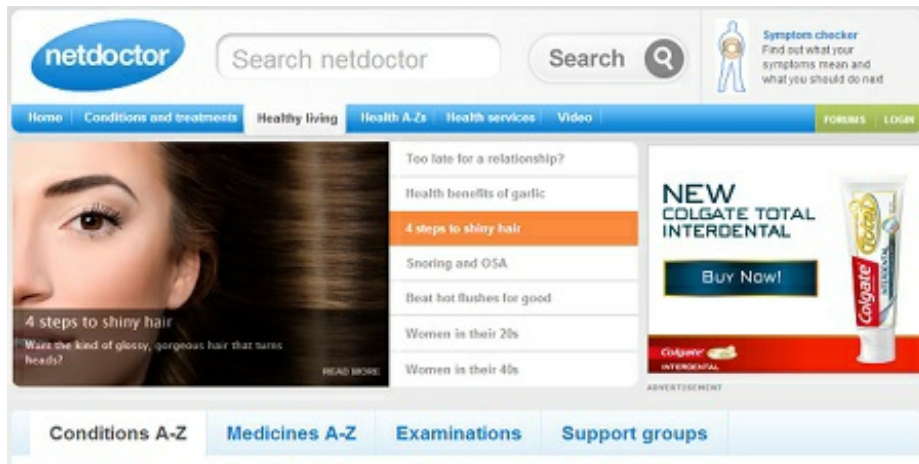
- [Follow them on Twitter](#)
- [Follow them on Facebook](#)

## Quick links:

- [WebMD A-Z directory](#)

# Net Doctor

The Net Doctor website [www.netdoctor.co.uk](http://www.netdoctor.co.uk) is a comprehensive site that offers articles about healthy living, information on conditions and treatments and a symptom checker.



One of the most useful areas is the health services section – in which readers can find factsheets and advice about how to make the most of a GP appointment and offers information on the changes that are happening in the NHS. There is also an 'Ask the Dr' service if you wish to post a quick query online.

- [Net Doctor Facebook](#)
- [Net Doctor Twitter](#)

# Patient.info

[Patient.info](http://Patient.info) is another leading independent health platform, established for 20 years. With more than 18 million visits a month, it is a trusted source of information for both patients and health professionals across the globe.

# Making lives better

How can we help you?



Over 650K community members

[View our forum](#)



Clinically authored information

[View our Health A-Z](#)



Assess your symptoms

[Try our Symptom Checker](#)

## Finding reliable health information online

The internet is a great source of medical information but it is unregulated, that is why using reliable sources is really important. Read this article from [Saga Magazine](#) which will help you to assess whether a site is reliable.

**This guide was last updated on 14/11/2019**

## Next steps

[Best ... medical apps](#)

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[Best ... healthy living and fitness apps](#)

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[Best ... websites for internet beginners](#)

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