

# Best....apps for managing your medication

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If you need help remembering to take your medication, ordering repeat prescriptions, or to understand what is in the medication you are taking, there are apps out there that can help you. All of the apps mentioned can be download to your smartphone via the links given.



## NHS app

The NHS app is a comprehensive tool that allows you to check symptoms, book and manage appointments, and order repeat prescriptions. The [NHS website](#) offers information on setting up and using the app.

[Download from Google Play \(Android\)](#)

[Download from App Store \(Apple\)](#)

## Pharmacy 2U NHS prescriptions

Pharmacy2U is an NHS-endorsed app that offers the convenience of ordering and managing your NHS repeat prescriptions for delivery to your door for free.

[Download from Google Play](#) (Android)

[Download from iTunes](#) (Apple)

## Healthera NHS Pharmacy App

Healthera is an NHS recommended app that allows you to order and track your NHS repeat prescriptions for home delivery or collection, as well as get medication reminders.

[Download from Google Play](#) (Android)

[Download from iTunes](#) (Apple)

## MyTherapy: Medication reminder and pill tracker

MyTherapy is an ad-free, award-winning medication tracker, mood tracker, and journal. It helps you remember to take your medications, and tracks your symptoms and health measurements.

[Download from Google Play](#) (Android)

[Download from iTunes](#) (Apple)

## Patient Access

Patient Access is an app that not only allows you to order repeat prescriptions but also provides access to your GP services, including booking appointments and viewing your medical records.

[Download from Google Play \(Android\)](#)

[Download from iTunes \(Apple\)](#)

## Royal Pharmaceutical Society of Great Britain (BNF)

BNF Publications have developed an app that gives up-to-date offline reference to the British National Formulary (BNF) and the British National Formulary for Children (BNFC). It's designed for UK NHS healthcare professionals and offers essential information on prescribing safe and effective medicines for patients. It gives information on drug doses and interactions.

[Download from Google Play](#) (Android)

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