

Keeping up to date with health news (England, Wales, Scotland)



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It is sometimes hard to know where to go online to find the most accurate, up to date information on health issues. For those in the UK we would recommend that government bodies are the best starting point and have listed the main ones below.



Public health advice

[Public Health England](#)

[Public Health Wales](#)

[Public Health Scotland](#)

Some good advice on social distancing during the 2020 corona outbreak:

[Guidance on Social Distancing for everyone in the UK](#)

The NHS and WHO

[The English NHS](#)

[Wales NHS](#)

[Scottish NHS](#)

[The World Health Organisation](#)

A good guide for myth busting during the Covid-19 outbreak: www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters

Next steps

[Using the NHS app and NHS websites to manage your health online](#)

[Introduction to the NHS app](#)

[How to create your NHS login](#)

[Registering for NHS Online services](#)

[Best ... medical websites](#)

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