

Online safety and privacy basics

Guides to making sure that that your personal information stays private.

[A guide to internet security](#)

What internet security is and some and the most common forms of 'cyber attacks', and what key steps you should take to protect yourself and your community, online.

[Go to guide](#)

[How to stay safe online](#)

Essential computer and internet safety tips.

[Go to guide](#)

[What is identity theft?](#)

Identity theft broken down and explained.

[Go to guide](#)

[How to protect yourself from identity theft](#)

Key tips for keeping your personal details safe.

[Go to guide](#)

[What is malware?](#)

Quick and must-read definition of this dangerous term...

[Go to guide](#)

[What is spyware?](#)

An explanation of these malicious programs.

[Go to guide](#)

Internet security jargon buster

If your confused about the jargon around internet security this comprehensive resource from Get Safe Online will explain all common terms in easy to understand language.

[>>Go to guide \(This guide from Get Safe Online will open in a new window\)](#)

This link will take you to information on a different website. Digital Unite have selected this information for inclusion because it is up-to-date, relevant and easy-to-understand.

Safe Surfing: Supporting people with learning disabilities to use the internet safely

This Mencap project has created a variety of resources to help you support people with a learning disability to know what personal information they should share online and browse the internet safely.

[>>Go to guide \(This guide from Mencap will open in a new window\)](#)

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Cybercrime: What is it and how can you stay safe online?

Read the to cyber security and then take the quiz!

[>>Go to guide \(This guide is created by Virgin Media and will open in a new tab\)](#)

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The little guide to cyber advice

Ten top tips for staying safe online

[>>Go to guide \(This guide is created by the Metropolitan Police and will open i...](#)

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