

# Online safety and privacy basics

Guides to making sure that that your personal information stays private.

## A guide to internet security

What internet security is and some and the most common forms of 'cyber attacks', and what key steps you should take to protect yourself and your community, online.

[>>Go to guide](#)

---

## How to stay safe online

Essential computer and internet safety tips.

[>>Go to guide](#)

---

## What is identity theft?

Identity theft broken down and explained.

[>>Go to guide](#)

---

## How to protect yourself from identity theft

Key tips for keeping your personal details safe.

[>>Go to guide](#)

---

## What is malware?

Quick and must-read definition of this dangerous term...

[>>Go to guide](#)

---

## What is spyware?

An explanation of these malicious programs.

[>>Go to guide](#)

---

## Internet security jargon buster

**We use cookies on this site to enhance your user experience**

By clicking any link on this page you are giving your consent for us to set cookies. [More info](#)

OK, I agree

**No, thanks**

*This link will take you to information on a different website. Digital Unite have selected this information for inclusion because it is up-to-date, relevant and easy-to-understand.*

---

## Safe Surfing: Supporting people with learning disabilities to use the internet safely

This Mencap project has created a variety of resources to help you support people with a learning disability to know what personal information they should share online, how to protect their personal data, and browse the internet safely.

[>>Go to guide \(This guide from Mencap will open in a new window\)](#)

*This link will take you to information on a different website. Digital Unite have selected this information for inclusion because it is up-to-date, relevant and easy-to-understand.*

---

Search

## Remote Digital Championing!

Guides covering some tips and techniques for providing remote support to learners, an increasingly important service in times of social isolation.

Find out more

## Free how-to guides for your website

Why not add our award-winning and extensive range of digital skills guides to your website?

Find out more

## Start a Digital Champion movement!

Could your workplace do with developing its digital skills? With a variety of membership opportunities currently available, now is the perfect time for organisations to join our Digital Champions Network.

Find out more

## Subscribe to our newsletter

Join our mailing list to receive the latest news, offers and expert insights from our team.

*First name*

*Last name*

*Email address*

Submit